

## Ipswich Program

Saturday, 25 February 2017

TIME	PRESENTER
8:30am – 9:00am	<b>Registration</b>
9:00am – 9:20am	<b>Official Opening</b> – Member for <b>Welcome and housekeeping</b> Alison Bennett – Diabetes Queensland
9:20am – 10:15am	<b>Type 2 diabetes – understanding the condition</b> Dr Miles Meyrick – General Practitioner
10:15am – 10:30am	<b>Diabetes Queensland – <i>in conversation</i></b> Julie O'Donovan – Diabetes Queensland
10:30am – 11:00am	<b>Morning tea</b>
11:00am – 11:30am	<b>I like to move it, move it</b> Kathryn Kirchner – Accredited Exercise Physiologist
11:30am – 12:15pm	<b>BGLs – your numbers are important</b> Marija Sorjova – Credentialed Diabetes Educator
12:15pm – 1:00pm	<b>Love food and eat well</b> Alison Bennett – Accredited Practising Dietitian
1:00pm – 1:50pm	<b>Lunch</b>
1:50pm – 2:20pm	<b>Building your Happiness Bank</b> Claire Massingham – Happiness Consultant
2:20pm – 2:30pm	<b>Lucky door prize and close</b>